



Health

Cumbria Primary Care Trust supplies NHS services in the Allerdale area and works with other local health trusts, local authorities and other organisations to ensure that health services meet the needs of local communities.

Allerdale is served by two main hospitals: the Cumberland Infirmary in Carlisle and West Cumberland Hospital in Whitehaven, both with accident and emergency units. The borough also has a number of community hospitals in Cockermouth, Keswick, Maryport,

Wigton and Workington, which offer minor injuries services and outpatient clinics.

Cumbria County Council provides social care for adults and children. They can arrange services and support for older people, people with physical disabilities, people with learning disabilities, people with mental health problems and carers.

Cumbria Care, Cumbria County Council's in-house social care provider, offers a range of services including home care, day care and residential care.

Useful websites

Allerdale Borough Council

www.allerdale.gov.uk

Cumbria Primary Care Trust

www.cumbria.nhs.uk

Cumbria Care

www.cumbria.gov.uk/adultsocialcare/cumbriacare



"Allerdale – a great place to live, work and visit"