



Transport and commuting

Allerdale has good communications with the rest of the UK.

The main route into Allerdale is from Junction 40 of the M6 motorway along the A66 or from junction 44 at Carlisle and along the A595. The five-mile northern relief road around Carlisle, which will link the A595 at Newby West to the M6 at Kingstown, will further improve the road links to West Cumbria. The main road links from the north east are the A69 and A66. These roads also have upgrading schemes under construction:

- A66 Temple Sowerby bypass
Completion due February 2008
- A66 Greta Bridge to Stephen Bank dualling
Completion due September 2007
- A66 Scotch Corner to Carkin Moor dualling
Completion due September 2007
- A69 Haydon Bridge bypass
Completion due December 2008

The west coast main railway line runs through the county, connecting Cumbria with Manchester, Birmingham and London to the south and Edinburgh and Glasgow to the north. The line, with its three stations in Cumbria at Carlisle, Penrith and Oxenholme, is being modernised. A fleet of high-speed tilting trains is now operating between London and Scotland through Cumbria.

Useful websites

Allerdale Borough Council

www.allerdale.gov.uk/transport

Traveline

www.traveline.org.uk

Carlisle Airport

www.carlisleairport.co.uk

Port of Workington

www.portofworkington.co.uk

Maryport Marina

www.maryportmarina.co.uk



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Other important local rail lines in Cumbria include the Cumbrian coastline, linking Carlisle and Barrow and the towns of west Cumbria, serving four of the seven towns in Allerdale: Wigton, Aspatria, Maryport and Workington. Commuters will find that the coastal line stops at many towns and villages along the west Cumbrian coast, such as Whitehaven, and at Sellafield.

Allerdale Borough Council is working with partners to develop cycling and the public transport network in the borough, as an alternative to the car. West Cumbria has a wealth of country lanes and by-roads which provide excellent cycling routes. The West

Cumbria Cycle Network is a 72 mile network of cycle routes linking off-road sections on disused railways with the minor road system.

A number of long distance cycle routes pass through Allerdale, including the world famous C2C route from Workington and Whitehaven to Newcastle and Sunderland, and the Reivers route, a major challenge route running from Tynemouth to Whitehaven. The Hadrian's Cycleway is a new 174-mile long distance route which runs from Ravenglass through Allerdale to South Shields and Tynemouth.

The county's only airport, two miles east

of Carlisle is now in private ownership and a number of Cumbrian businesses use it for scheduled, charter and freight services. Now under the management of Stobart Air Limited, Carlisle Airport has potential to develop to capitalise on local business travel.

Allerdale has a long seafaring history with freight-handling ports in Workington and Silloth. Allerdale Borough Council is working with the County Council to develop and secure the long-term viability of the Port of Workington. Maryport harbour offers recreational facilities as well as being home to the local fishing industry.

Travel times

| | Manchester | | Newcastle | | Glasgow | | London | |
|--------------------------------|------------|----------|-----------|----------|----------|----------|----------|----------|
| | By road | By rail | By road | By rail | By road | By rail | By road | By rail |
| Keswick (by rail from Penrith) | 2 hours | 2 hours | 1¾ hours | 2¼ hours | 2¼ hours | 1¾ hours | 5¼ hours | 3¾ hours |
| Workington | 2½ hours | 3¼ hours | 2 hours | 2½ hours | 2½ hours | 2¾ hours | 5¾ hours | 4½ hours |
| Wigton | 2¼ hours | 2¾ hours | 1½ hours | 2 hours | 2 hours | 2¼ hours | 5¼ hours | 4 hours |



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